

Bliss

FOOD CO.



To Start

Olives, bread, olive oil & balsamic vinegar - £5.75 (GF option available)

Garlic Prawns - £6.75

King prawns sautéed in butter & garlic with crusty bread (GF option available)

Smoked Salmon Pate - £6.00

Served with Artisan sourdough toast (GF option available)

Ardennes Pate - £6.00

Served with Artisan sourdough toast (GF option available)

Mixed Antipasti - £7.50

Prosciutto, Milano salami, chorizo, olives & bread (GF option available)

Stuffed Mushrooms* - £6.00 (GF, VE)

Stuffed with walnuts, sundried tomatoes & garlic with a parsley lemon dressing with or without Coastal cheddar or Dorset blue vinny

Mini Falafel Board- £6.75 (V, VE, GF)

Homemade falafels, humous, olives & pitta bread with a salad garnish

Bliss boards to share - £11.00

Meat, Fish or Vegetarian*



To Follow

Beef Bourguignon – £15.00

Beef braised in red wine with shallots & mushrooms served with creamy mashed potatoes & seasonal vegetables

Fillet Steak – 24.50 (GF)

With either a peppercorn sauce, red wine sauce or a garlic & herb butter, sautéed potatoes & vegetables

Surf & Turf – 28.50 (GF)

Fillet steak & garlic prawns with a garlic herb butter, sautéed potatoes & vegetables

Pork Belly with Crunchy Crackling - £16.00 (GF)

Homemade gravy, dauphinoise potatoes, seasonal vegetables

Chicken Parmigiana - £16.00

Chicken breast in breadcrumbs & parmesan with garlicky passata & mozzarella, baby potatoes & seasonal vegetables

Pan Fried Seabass - £16.00

With a lemon caper dressing, sautéed potatoes & seasonal vegetables

FOR MORE FISH SEE OUR CATCH OF THE DAY FROM SWANAGE BAY!

Field Mushroom, Bean & Lentil Casserole - £13.50 (GF, VE)

With vegetables & crusty bread

Bliss Falafel Bowl* - £13.50 (VE, DF, GF)

Falafel, salad leaves, humous, tomatoes, cucumber, olives, pine nuts, coriander & mint with a lemon & olive oil dressing

Spicy Sweet Potato & Chickpea Stew - £13.50 (VE, GF)

With basmati & wild rice & natural yoghurt

Creamy Vegetable Korma* – £13.50 (V, GF)

With basmati & wild rice, pickles & poppadum



VE = vegan, V = vegetarian, GF = gluten free, DF = dairy free, *Contains nuts

If you suffer any food intolerances, please speak to a member of our staff, before ordering, who will be happy to help you.

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DESSERTS

Chocolate Heaven - £7.75

Mini chocolate meringue topped with cream, pear, hazelnuts & chocolate sauce, mini chocolate brownie & mini rich chocolate mousse served with a chocolate chip shortbread

Coconut, Raspberry & Lime Pavlova - £6.50 (GF)

Served with fresh raspberries

Lemon Posset - £5.75 (GF shortbread available)

Served with fresh raspberries & homemade shortbread

Chocolate Fondant - £6.75 (GF available)

Melt in the middle chocolate pudding served with Purbeck ice cream or double cream

Sticky Toffee Pudding - £6.50 (GF)

Gloriously decadent sweet pudding with toffee sauce & Purbeck vanilla ice cream

Warm Chocolate Fudge Cake - £6.75 (VE)

Served with cream or Purbeck ice cream

Affagato - £7.50

Vanilla ice cream, amaretto & espresso

The Colonel - £7.00

Lemon sorbet & Black Cow vodka

Selection of Purbeck Ice Cream and Sorbets - £4.00 for 2 scoops (GF)

Vanilla bean, seriously chocolate, honeycomb hash, salted caramel, cappuccino or strawberry seduction ice cream and mango, lemon or passionfruit sorbet

Cheese & biscuits - £7.00 (gluten free biscuits available)

A selection of Dorset & continental cheeses, biscuits and real ale chutney

DESSERT WINE

Emiliana Late Harvest Sauvignon Blanc, Chile

£4.25 (100ml)

Complex flavours of perfumed honeysuckle, candied apricot & and an enticing touch of ginger stem

LIQUEURS

Graham's 10-year-old Tawny Port

£4.50

Monkey Shoulder blended malt Scotch whiskey

£4.50

Courvoisier V.S. Cognac

£5.00

Liqueur coffee

£7.50

COFFEE/TEA

Espresso

£1.40

Americano

£1.80

Flat White

£2.20

Latte

£2.50

Cappuccino

£2.40

Dorset Tea

£2.00

GILDED TEAPOT LOOSE LEAF TEA

Dorset Brew

£2.25

Earl Grey Supreme

£2.25

Rooibos

£2.25

Mao Feng Green

£2.25

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